

Our Destination-Cyprus

Cyprus is an island nation and a member of the European Union since May 2004. English is widely spoken as the country enjoys a largely service based industry. With high standard of living, other benefits include safety, good communications and hassle-free airline connections. Located in the top hang corner of the Mediterranean, it is so close to Europe, Asia and Africa that it rightly claims to be a stepping stone to three continents.

Blessed with a mild climate and predictable sunshine almost every day of the year, the island is also valued for its natural and unspoiled landscape.

Our Patients

- Are you underinsured or experienced insurance denial?
- Are you insured with out of the network benefits?
- Are you employed in a self-funded company?
- Are you uninsurable seeking US cutting edge technologies (EU approved)?
- Are you uninsured?

Our Facilities

AIMIS Healthcare operates in world class, licensed private hospital, of the highest standard of quality care, technological innovation and accreditation. The multilingual department of nursing comprises of an international team of nurses with high expertise.

AIMIS Healthcare is committed to ensuring all patients receive the best in health care. The doctor – patient relationship is based on trust and sharing of information and the patient plays a key role in decision making. The patients' education is an integral part of care and the patient will be treated with respect and dignity at all times.

We Care about You

For many, the thought of surgery can be disconcerting, but fears are quickly dispelled by the professional AIMIS Healthcare staff, who greets each patient. Our staff takes great pride in offering the best care for our patients and accompanying persons alike. They provide personal attention, to both patient and families, and are on hand to help with any queries or problems that may arise. Our patient care professionals have extensive experience in the medical travel field, are multilingual and amongst other languages are fluent in English, Arabic, Russian, Hebrew, Bulgarian, and Chinese.

AIMIS Healthcare provides case management for all our patients, working with insurance providers, lien cases, and helping our patients to get the treatment they deserve.

AIMIS Healthcare well trained staff, are on hand to help you through each step of the way – from the minute you consider the idea of surgery with AIMIS Healthcare – including:

- Scheduling your surgery
- Arranging your travel and accommodation in full board at a 4 or 5-star hotel
- Meeting you upon arrival in Cyprus
- Transfers to and from the hospital
- 24/7 assistance for your personal needs
- Daily visit from doctors and/or physical therapists
- Use of a local cellular phone



World leading US Surgeons



Advanced Medical Facilities



Top Holiday Destination

Contact AIMIS today for a MRI review!

For further information, visit our website at: www.aimis.com

Contact
AIMIS Healthcare

50 Theodorou Potamianou, 4155 Limassol, Cyprus

Email: info@aimis.com

Cyprus Tel.: +357 25873387, US Tel.: + 1 214-351-8450, option 7



Do you suffer
from Tarlov cysts or other
Meningeal cysts?



The Best of American Healthcare
with Follow Up Back Home

Who we are

The American Institute of Minimally

Invasive Surgery – AIMIS Healthcare, is a Global Healthcare Provider, bringing together the best Minimally Invasive American and International Spine Surgeons, in a collective environment for spine healthcare beyond borders in selected areas of Europe, where multilingual services of the highest standard are offered.

AIMIS Healthcare offers patients from all over the world the opportunity to benefit from the world's leading American based spine surgeons. We offer our patients the most advanced technologies in spine surgery at significant cost savings, with the assurance that the surgery is being performed by a leading American based surgeon. Our medical services are offered in conjunction with a well-organized, comprehensive, individualized and advanced patient program for spine surgery.

Our Mission

To bring the best of American healthcare to the world at a fraction of US cost, with:

- Same American surgery
- Same American surgeon
- Same American technologies

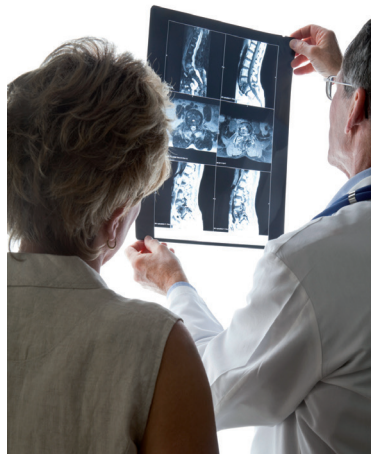
With Follow Up care available once you return home through our AIMIS worldwide network of surgeons and associates.

MRI Review

AIMIS Healthcare offers a comprehensive MRI review by our top US surgeons in order to help you determine if you are a candidate for surgery.

Starting the process requires three easy steps:

1. Go to www.aimis.com and locate the contact us form at the bottom of the page.



2. Fill in the electronic form and press "send".

3. Upload the electronic MRI using the link sent to you.

Once your MRI has been uploaded, your information will be sent to our US-based AIMIS board of surgeons for review. As soon as your MRI has been reviewed, we will contact you by email with a summary of our US-based surgeons' findings of your condition.

Tarlov and Meningeal cyst surgery treatment at AIMIS Healthcare

Dr. Feigenbaum has been treating patients affected by all types of Meningeal cysts, including Tarlov cysts, at the AIMIS spine hospital in Cyprus since 2011. This made treatment more accessible to patients that would have difficulty traveling all the way to the United States or were seeking a one of a kind surgical experience such as is provided at AIMIS. Since this collaboration began, patients have come for treatment from across the European Union, United States, Canada, Israel, South Africa, Australia, New Zealand, Russia, Chile, China, Middle East and Saudi Arabia and have enjoyed the wonderful concierge service with the same standards of US hospital.

What is a Tarlov cyst?

A Tarlov cyst is an enlarged spinal nerve root sheath filled with cerebral spinal fluid. The spinal fluid becomes trapped within the nerve sheath or outer covering of the nerve root. The cyst can cause nerve compression of the surrounding nerves and bone erosion. Tarlov Cysts can occur anywhere along the spinal nerve roots. They most commonly occur at the sacrum but are sometimes found in the cervical, thoracic and lumbar regions of the spine.

Symptoms

Many patients are erroneously told that Tarlov cyst cannot cause symptoms. Patients who suffer in particular from symptomatic sacral Tarlov or Meningeal cysts can have a multitude of symptoms, including sacral or tail bone pain, pain and/or numbness down the back of the legs, perineal pain, rectal pain, pain with sitting, bowel and bladder difficulties, painful sexual intercourse and sexual dysfunction. The symptoms are usually made worse by standing, walking and sitting related activities and made better by lying down. These symptoms can severely affect the patient's quality of life.

Consultation

The MRI and patient history is reviewed by Dr. Feigenbaum and a discussion with the patient of their case and proposed surgery happens well before the next planned surgery date. All along the process, patients have the opportunity to ask questions and have all of their concerns addressed. Patients generally meet Dr. Feigenbaum on the day before surgery.

Surgery

With surgical treatment there is hope for relief from these debilitating symptoms over time. The surgery is designed to take the pressure off of the nerves that are being compressed. It stops cerebral spinal fluid from getting trapped in the cyst that causes them to place pressure on the surrounding nerves. The surgery is done with continuous nerve monitoring and with the

aid of an operating microscope. Patients start getting up and out of bed the day after surgery.

The most common side effect from the surgery is usually temporary numbness in the buttocks and/or the perineum or private area, which typically improves with time.

Recovery

Patients typically stay two nights in the hospital before going to the beach side resort to continue their recovery. At the resort, they will have continuous access to their AIMIS concierge team and be checked on by the assigned local doctor until they travel home. Most patients will be ready to return home after approximately a week.

The degree to which one improves after surgery is greatly dependent on the health and shape of the spinal nerves prior to the surgery. Most patients feel a difference in the character of their pain well before they return home. We always offer pain management services for the best post-operative care of the patient.

Follow up

Patients and their physicians have access to Dr. Feigenbaum and his international nurse and surgical assistant Debbie West after they return home for follow up care and support.

Patients will be asked to complete an outcomes survey at specified times in the first three months to 2 years after surgery. A post-operative MRI is requested at three months and one year after surgery.

About Dr. Frank Feigenbaum



Dr. Feigenbaum is a Board-Certified Neurosurgeon practicing in the United States and Cyprus who trained at Georgetown University Medical Center. He is fully bilingual in English and Spanish. He serves on the Medical Advisory Board of the Tarlov Cyst Foundation and is the Medical Director of the Tarlov Cyst Institute in Dallas, Texas.

Dr. Feigenbaum is the author of numerous medical journal articles and book chapters on meningeal cysts as well as other neurological disorders. He is recognized as a world expert on the treatment of all meningeal cysts, including Tarlov cysts and meningeal diverticula. Dr. Feigenbaum has developed and refined his low risk surgical technique that accomplishes a definitive treatment resulting in no recurrence of treated cysts with proven statistical results. Dr. Feigenbaum has dedicated his practice to helping patients with all types of meningeal cysts. His expertise and dedication have benefited over 1600 patients to date.